



Winsford Work Zone—01606 288901

Wyvern House, The Drumber, Winsford, Cheshire CW7 1AU

Term 1 Aug 20—Dec 20

Course	Start Date	Day(s)	Time
September			
Introduction To Construction (CSCS)	7/09/20—10/09/20	Monday— Thursday	9:30 - 15:00
E3 Maths	14/09/20—18/09/20	Monday—Friday	9:30 - 14:30
E3 - English	21/09/20—25/09/20	Monday—Friday	9:30 - 14:30
October			
L1 Pathway to retail NEW Course	6/10/20—9/10/20	Tuesday - Friday	9.30-14.30
Prepare for Interview	16/10/20	Friday	9:30 - 14:30
WAVR VAC/ Google Garage TBC	19/10/20—23/10/20	Monday—Friday	9:30 - 14:30
November			
E3 Pathway to Health & Wellbeing NEW Course	9/11/20—12/11/20	Monday—Thursday	9:30 - 14:30
First Aid	13/11/20	Friday	9.30– 13.00
E3 Pathway to work NEW Course	16/11/20—20/11/20	Monday—Friday	9:30 - 14.30
L1 Health & Social Care	23/11/20—27/11/20	Monday —Friday	9:30 - 14:30
Prepare for Interview	27/11/20	Friday	9:30 - 14:30
L2 Pathway to business admin TBC	30/11/20—4/12/20	Monday—Friday	9:30 - 14:30
December			
Volunteering—C/L	7/12/20	Monday	9:30 - 14:30

IT

IT Skills & Digital Support

Course	Duration	Day	Start/End time	Fee
Online Basics	6 weeks	Monday	10.00—12.00	FREE
Entry Level 3 Digital Skills Award	8 weeks	Monday	10.00—12.00	£88*
Word Processing for Beginners	2 days	Thurs & Fri	09.30—13.30	£44*
Flexible ITQ - Level 1 & Level 2	Ongoing	Wednesday	9.30—11.30 13.30—15.30	£199*

***Earning Less than £16,009.50? If you are in employment and earning less than £16,009.50 (gross salary) your course may be FREE. Please bring in your last two month's pay slips on enrolment**

These courses are FREE if you are in receipt of an income based benefit

Events

Get Online Week (19th—25th Oct) Have Your Say (Thu 21st Oct 10—11am)

Fancy volunteering but don't know where to start? Come and talk to local organisations about the many fantastic opportunities in the local area. available in the local area

Course Overviews	
FLT Counterbalance	The five day course will cover Counterbalance Trucks, if successful, learners will gain an ITSSAR Certificate, LANTRA Level 2 Counterbalance certificate and NOCN Level 1 storage and Warehouse Certificate.
Prepare for interview	This course explores current life situation, along with positive thinking and challenging barriers. It will identify a short term career goal and complete preparation work for interviews. The course includes a mock interview and feedback.
Level 1—Pathway to Care	Looking at different areas of provision Health & Social Care in including roles and responsibilities. This course also looks at identifying the right job in care for you, applying for the job and paperwork involved on the job
Wellbeing Fridays	This course is designed to help overcome anxiety within a work environment and work related activities such as job interviews, phone calls and help improve confidence.
E3 Pathway to Health & Wellbeing	This course will assist the learner in understanding the importance of a healthier lifestyle, including emotional and mental wellbeing.
E3 Pathway to Work	This course will provide the learners with the opportunity to achieve an Award in Employment Skills. The learner will gain an understanding of employment standards; working as part of a team; personal hygiene requirements; managing your own health in the workplace; and planning for improvement.
E3 English	A 5 day course designed to help you improve your English skills and achieve a entry 3 award.
E3 Maths	A 5 day course designed to help you improve your Maths skills and achieve a entry 3 award.
L1 - Pathway to Retail	The course is aimed at people who want to develop their customer service skills and who may want to work in hospitality, retail or customer service environment.
Online Basics/E3 Digital Skills Award	These courses improve confidence and skills using computers and the internet. Learn to use a mouse, keyboard , access the internet, and develop your web browsing skills. Introduction to social networking and development of a social network profile.
Introduction To Construction—CSCS	This four day course has been designed to look at the industry, the size and scope of the organisations involved as well as the teamwork skills required and most importantly the health and safety for this high risk, high hazard environment.
E3 Word Processing for Beginners	This short course is designed for people looking to gain a basic understanding and practical knowledge of MS Word to be able to create and format a document.
Work Club	Will provide you with a skills assessment including IT, Maths & English, help put together and action plan to discover the many job & earning opportunities available to you.
Steps To Work	Registration to the Work Zone, looking at all previous skills, knowledge and employment history to develop an action plan for all you needs moving forwards.
Flexible ITQ - Level 1 & Level 2	ECDL is now available as a flexible ITQ qualification enabling you to build qualifications around your needs. Select the relevant modules to create your tailored solution. Choose from a range of units including: word processing, spreadsheets, PowerPoint, Internet and Email—these courses are flexible so you can learn at your own pace.
Employment Support Mentoring	One to one support that will help you find the right pathway to employment. We can offer ongoing support and guidance along with mock interviews.
Work Club Supported	Weekly subject based activities ranging from interview techniques , navigating the web and applying for work
Work Club Unsupported	Weekly job club to Job Search and seek advice and guidance with your journey including recreating and uploading you cover letter and CV uploading and applying for work

Partner Services

New Leaf (Mentoring)	Work Zone	Monday, Tuesday, Friday	9:00 - 16:30
Weaver Vale Housing Trust— Employment Horizon's	Work Zone	Monday	9:00 - 13:30
National Careers Service	Job Centre Plus	Tuesday	9:30 - 16:30
Army Careers Drop In Service	Work Zone	Every 3rd Tuesday	11:00 - 14:00
Remploy	Job Centre Plus	Wednesday	9:00 - 16:00
PLUSS	Job Centre Plus	Tuesday	Appointment Only
WVHT - Debt and Financial help only	Job Centre Plus	Monday and Thursday	10:00 - 13:30
Job Centre Support	Job Centre Plus	Monday-Friday	9:00-17:00 (Wed 10am)
Citizen Advice - Help to claim	Winsford Hub	Monday - Friday	Appointment only
WVR Apprenticeship Job Match & Advice Service	Work Zone	Every 3rd or 4th Monday	Appointment Only

Service Overviews

WVR Apprenticeship Job Match & Advice Service	Warrington & Vale Royal College offer appoints for support, advice & guidance on finding suitable apprenticeships.
Weaver Vale Housing Trust (Work and Enterprise Team)	Employment mentoring support.
National Careers Service	Support with CV writing and advice & guidance for a chosen career.
Army Careers Drop In Service	The Army offer a variety of roles including: Engineering & Combat. The regular army offers apprenticeships ages 16 to 33. The army accepts reserves ages 18 to 50.
Remploy	This course offers help and assistance to get a job for or those with mental health conditions. Remploy will offer support through the 'Works Well 4 Me' programme.
PLUSS	A 15 month pre-employment programme followed by 6 months work support.
WVHT - Debt and Financial help only	Support to WVHT tenants on sustaining tenancy

Ongoing Courses and Support

Structured Work Club	Tuesday	Ongoing	9.30—11.30
Supported Work Club	Tuesday	Ongoing	1.30—2.30

Wellbeing Services & Work Shops

Action on Cancer	Winsford	Alternative Wednesdays	10:00 - 14:00
Healthwatch	Winsford	Every 1st Thursday	10:00 - 12:00
For Futures	Winsford	Daily	10:00 - 12:00
Brio Leisure 7 day pass	Winsford	Daily	Variable
CAB Community Connector	Winsford	Daily	Variable
Mid Cheshire Food Bank—Vouchers	Winsford	Daily	Variable

Wellbeing Workshops 10:00 - 13:00 @ Wyvern House (please check room numbers)

11/09/20	SOMA Programme	17/10/20	The power of connection	20/11/20	Focusing on our Strengths
18/09/20	SOMA Programme	24/10/20	Rewriting our story	27/11/20	Gratitude
25/09/20	SOMA Programme	31/10/20	Half Term Holiday OFF	4/12/20	Taking in the good
2/10/20	SOMA Programme	6/11/20	Mindfulness in the Outdoors	11/12/20	Getting creative at Christmas - make a Christmas card
9/10/20	SOMA Programme	13/11/20	The power of Compassion	18/12/20	Coping with Anxiety over Christmas

Soma Programme (5 Weeks) - This wellbeing course is designed to help with *Focus and attention
 *Reducing stress *Boosting confidence (Building on your confidence and social connections)

Wellbeing Services & Work Shops Overviews

Action On Cancer	These sessions run on Thursdays to offer help and advice reducing cancer risk and supporting choices to make a healthy lifestyle.
Healthwatch	A leading organisation designed to represent the views of the people of Cheshire in shaping how health and social care services are delivered.
For Futures	Drop in for support and advice in the following areas: Maximising Benefits, Tenancy Support, Staying Independent, Dealing With Debts, Accessing Community Groups, Getting back into education and training, Getting in touch with other agencies.
Brio Leisure 7 day pass	A FREE 7 day pass, giving you 7 days with brio leisure is available to Work Zone customers, please check with the Work Zone for eligibility.
CAB Community Connector	The Community Connector will provide a value role in helping people access services and will act as a key conduit between the individual and supporting agencies so that issues can be resolved more quickly and the individual has improved life chances.
Mid Cheshire Food Bank—Vouchers	Available to provide short term , emergency food to individuals and families in crisis.



Winsford



Work Zones
 & Adult Education