



ROYAL MARINES

# ROYAL MARINES COMMANDO

Could you become part of the UK's most elite amphibious fighting force and wear the coveted green beret? It's not for everybody, that's for sure. Digging deep to aim high, you'll stop for nothing. In the most hostile environments, and on the most treacherous terrain. There's no such thing as an average day in the Royal Marines, and there's no such thing as an average Commando. You'll need to be exceptional just like the rest of your team, with the same ethos - and state of mind.

You'll play a key role in dealing with man-made, humanitarian and naturally occurring crises. Your missions will be varied, ranging from amphibious assaults and humanitarian aid, to large scale combat operations. And where? You'll deploy to where you're needed most, from the coldest climes and the hottest deserts, to the most hostile jungles and the highest mountains. Whatever challenges you face, you'll need to adapt to get the job done. Travel the world, protecting your nation's interests as part of a team renowned for its unity and brotherhood. You'll form ties - special bonds with your comrades - that will never be broken.

## 01 Who we're looking for

### In a nutshell

- A true team player, self-discipline
- Physical fitness and mental robustness
- Positivity in the face of adversity
- The ability to cope well under pressure

There's one thing that all our people share. That special state of mind. It's the foundation of life in the Royal Marines. To prove you have it you'll need to demonstrate certain qualities, every day.

## Why Royal Marines Commando?

- ▶ Potential earnings of **£48,000** as your career progresses
- ▶ Six weeks of paid leave every year
- ▶ Free medical and dental care
- ▶ Earn more than **£14,700** during training
- ▶ Travel all around the world
- ▶ Zero qualifications needed

## 02

### Qualifications

- Aged 16 to 32 when you start Basic Training
- There is no minimum qualifications requirement
- A BMI between 18 to 28. There may be some exceptions to the upper BMI rate if your waist measures less than 94cm
- Minimum height of 151.5cm, and minimum weight of 65kg
- A national of the United Kingdom or Ireland, a Commonwealth citizen who has lived in the UK for the last 5 years, or a dual national

## 03

### Training

Once you've passed the recruiting process you'll be given a date to start Basic Training at Commando Training Centre Royal Marines (CTCRM) in Lympstone. You'll spend 32 weeks here and learn the skills you need to become an elite amphibious soldier.

Basic Training Phase 1 (weeks 1-15) – Carry out field exercises, starting with basic skills like camouflage, concealment, and weapon handling, while also developing leadership skills.

Basic Training Phase 2 (weeks 15-32) – Gain more specific skills like marksmanship, map reading and close quarter fighting, as well as mastering team tactics and extending your leadership skills even further.

There will be four tests towards the end of training: an endurance course, a nine-mile speed march, a Tarzan assault course, and a 30-mile march. If you pass them, you'll earn your coveted green beret.

Physical training will be a continuous feature during your time with us, so aim to be in peak condition before you arrive.

## 04

### Skills for life

- First-class leadership and world-class teamwork
- Essential military skills, as well as a specialisation such as abseiling, assault engineering or combat intelligence

Your personal development will continue throughout your career in the Royal Marines, with regular opportunities to gain specialist skills and further enhance your abilities.



**My green beret is very special. It shows that I'm part of a team that always gets the job done, whatever the situation, and whatever obstacles are in our way.**

Jim, Royal Marines Commando



## 05

### Promotion

Upon completion of training you'll join a Commando Unit as a General Duties Rifleman, typically for two years. You'll then choose an area of specialisation and train for roles such as armoured support, driver and medical assistant.

The higher up the ranks you climb, the more options you'll have open to you. Perform well in your specialisation and you could be selected to take the Junior Command Course in order to be promoted to Corporal. From there if you display excellent leadership qualities, you'll earn the opportunity to become Sergeant. Promotion is based purely on merit so work hard and you'll quickly rise through the ranks.

For the following specialisations you'll need to be promoted to Corporal:

Physical Training Instructor/Drill Instructor/Mountain leader/  
Platoon Weapons Instructor/Royal Marines Information System  
Specialist/Aircrewman.

## 06

### Pay and benefits

- Salary of more than £14,700 as soon as you start training
- Earn over £18,000 after receiving your green beret, potentially rising to over £48,000 as your career progresses
- Earn additional pay if you specialise in certain disciplines
- Six weeks of paid holiday every year
- Free medical and dental care
- Subsidised travel and accommodation
- Excellent pension scheme
- Adventurous training

### Not just a job. A way of life.

Life in the Royal Marines can be tough. And that's what you'll have to be. You'll go where others won't. Doing things others can't. Going harder, faster and further than the average person can even imagine. You'll gain the extraordinary skills you'll need, as you get paid to take on the world's most challenging environments. One thing will set you apart.

**It's a state of mind. You may already have it.**

FIND OUT MORE



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