A day in the life of Carol – senior physio.

Senior physiotherapist at an Intermediate Care Unit, providing rehabilitation to elderly patients. Supporting MDT meetings, discharge planning, patient care and staff development / training.

Check mail / Therapy team handover / ward safety huddle / MDT team meeting

Patient contact time

assessment

treatment

rehabilitation sessions

Paperwork / notes

Lunch / notes / check mail

Patient contact time

Family meetings / delivery of bitesize training / attending IST / Supervision of staff

Patient contact / notes

Home time

**09.00.40**

**10.00.40**

**11.00.40**

**12.00.40**

**13.00.40**

**16.00.40**

**15.00.40**

**14.00.40**