



Brook's Big RSE Lesson LIVE: FAQs

What is Brook's Big RSE Lesson about?

As part of Sexual Health Week 2022, Brook is proud to once again be appearing in classrooms across the country to deliver another Big RSE Lesson Live.

This lesson will explore this year's Sexual Health Week theme of Breaking Barriers. A vital part of breaking down barriers is supporting young people to speak up if they need help, and prevent them isolating themselves from friends and family.

What age is Brook's Big RSE Lesson aimed at?

This lesson is aimed at year 9 and above.

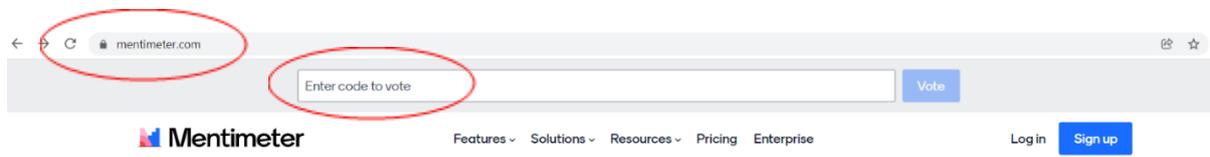
Will the broadcast be bilingual?

The broadcast is in English, but we have a range of free downloadable Welsh handouts available [on our website](#).

Do I need to prepare anything on the day?

It would be useful if the young people viewing the broadcast have access to a smart phone or personal device. We will be asking a series of true or false questions on [mentimeter.com](#) and we would like as many people to take part as possible.

To take part in the poll, young people will need to **visit [menti.com](#) and enter the code: 6138 2126**



Engage your audience & eliminate awkward silences

Our easy-to-build presentations, interactive Polls, Quizzes, and Word Clouds mean more participation and less stress

We will give instructions during the broadcast. If your young people do not have access to a device, you can still take part by asking them to do a show of hands.

Can I watch Brook's Big RSE Lesson on demand?

Yes you can! You can watch the lesson on demand [on this page](#), after 20 September 2022.

How can I access free Brook resources?

You can access a whole range of free resources [on our website](#)

How can I access on demand training?

Our high quality, on demand digital learning includes courses on pleasure, consent, safeguarding, abortion, relationships, and many more! Sign up [on our website](#).