

## Address

Date

Tel:

Dear Head Teacher

We would like to take this opportunity to share with you an initiative which is being rolled out in your area. Schools are being provided with documentation and access to training with the aim of becoming an "Asthma Friendly" school.

This initiative has been already running at several schools across West Yorkshire, however recently we have developed one set of documents and training with the aim of providing a consistent approach to high quality asthma care in school settings across West Yorkshire.

To explain more about the Asthma Friendly Schools Initiative here is Dr Katherine Hickman, GP, and Respiratory Lead.

As Dr Hickman has explained in the video there are several supporting documents for schools to use, including:

- Asthma and anaphylaxis awareness training modules
- A draft asthma policy
- An example of 'my asthma plan' from Asthma UK
- A school action plan
- An asthma consent form emergency use of salbutamol
- Symptoms of an asthma attack

The Asthma Friendly Schools Initiative would like schools to be able to achieve the following key objectives:

- All staff in school to be trained in asthma awareness
- Each school to have an asthma policy
- Each school to have an asthma register
- A consistent approach to where and how inhalers are stored in school
- A notification system of when inhalers are due to expire
- Each school to have a spare emergency inhaler and spacer
- A process in place for when to escalate cases to a health professional

The benefits to becoming an Asthma Friendly School are:

- ✓ Improving asthma awareness and management in schools
- Improving support to pupils with asthma encouraging an inclusive environment



- Supporting responsibilities for the health, safety and wellbeing of pupils and staff
- Ensures the school is implementing current and best practice asthma management strategies
- ✓ Enables the school to promote its self-evaluated status to ensure that the community is aware of the school's commitment to Asthma Friendly strategies

If you would like your school to become an Asthma Friendly School, please feel free to get in touch on the email/mobile below.

We look forward to you becoming an:



Yours sincerely,

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