

## Asthma and Anaphylaxis Awareness

### Inhalers and emergency adrenaline injectors

Schools can obtain salbutamol inhalers to keep in school. These would be for emergency use for children who are prescribed inhalers but may not have them in school, or where their inhaler is not working properly or has run out. Inhalers can be obtained from a pharmacy at a small cost when requested on school headed paper:

*The DHSC guidelines on the use of inhalers in schools*

*A supplier (pharmacy) will need a request signed by the principal or head teacher (ideally on appropriately headed paper) stating: - the name of the school for which the product is required; - the purpose for which that product is required, and - the total quantity required.*

- There is a form available for parents to sign to consent to their child being given the inhaler. This and other information on Asthma is available from [www.asthma.co.uk](http://www.asthma.co.uk).
- You can also now obtain an emergency adrenaline injector (AAI) from the pharmacy, again by requesting on school headed paper. The consent for this will be contained within the allergy action plan provided by the prescriber.
- Please note, trainer adrenaline auto injectors (AAI) can be obtained from: <https://www.epipen.co.uk/en-gb/hcp/patient-support/epipen-trainer-pen>

### Asthma and Anaphylaxis awareness training

All school staff will be offered online training in the form of an Asthma and Anaphylaxis UK e-learning resource, which can be completed by **all school staff**.

These changes to our training offer will ensure that every member of school staff, including supply staff, catering staff, lunchtime supervisors, out of school facilities, caretaker etc, can receive this potentially lifesaving information. The e-learning module can be completed when convenient, at individuals' own pace, and can be revisited if not completed in one session. Please note the anaphylaxis training comes with a small charge per head.

**Please see below for information on how to access the Asthma and Anaphylaxis e-learning:**

#### **Asthma e-learning module (Tier 1 FREE training)**

<https://www.educationforhealth.org/course/supporting-children-and-young-peoples-health-improving-asthma-care-together/>

#### **Anaphylaxis e-learning module (small cost attached)**

<https://www.allergywise.org.uk/p/allergywise-for-schools1>

### Asthma Register and action plans

Schools will be asked to confirm compliance with maintaining an asthma register and that children and young people in school have an asthma/allergy action plan (see pack for action plan examples). This is part of the work for schools obtaining asthma friendly status.