

Preventing slips, trips & falls



About **12%** of all accepted injury claims are from a slip or a trip

Practice good housekeeping



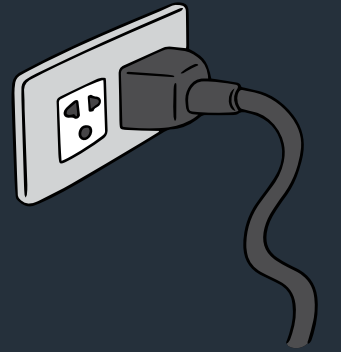
Clean up all spills and debris immediately



Mark or identify spills and wet areas



Keep walkways free of clutter and obstacles



Cover or tape down cords and cables

Select and wear proper footwear

- Match your footwear to the hazards of your job
- Keep shoes in good repair, clean and free from contaminants



Common causes of slips and trips

- Slippery materials (water, snow, ice, oils)
- Slippery surfaces (polished tile or stone)
- Inappropriate footwear
- Uneven walking surfaces
- Unexpected or unseen steps or platforms
- Clutter on floor or stairs

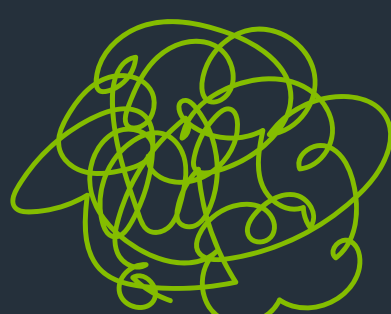
5 ways to reduce the risk of slipping and tripping



Slow down and pay attention to where you are going



Make wide turns at corners



Keep walking areas free from clutter and obstructions



Do not let objects you are carrying block your view



Place each foot firmly and flat on the floor